

RESTAURANT GUIDE

Petaluma 2025

This is a list of lacto-vegetarian friendly restaurants and markets in Petaluma, CA and surrounding cities (approximately 20 to 40 minute drive from Petaluma). 🌱 indicates that the dining establishment is entirely vegan or lacto-vegetarian. It is recommended that patrons always ask about food preparation and ingredients as recipes and food suppliers (particularly cheese) often change.

Restaurant Name	🌱	Cuisine/Type	Address	Telephone	Additional Info
PETALUMA					
VEGETARIAN / VEGAN OPTIONS IDENTIFIED ON REGULAR MENU					
Aqus Café		American	189 H St., Petaluma	707-778-6060	Mon - Sun: 8 am - 6 pm
Himalayan Grill & Dosa		Indian	5306 Old Redwood Hwy., Petaluma	707-665-0644	Mon-Sat: 11 am - 2:30 pm, 4 - 9 pm
Pho Sonoma		Vietnamese	140 2nd St. #120, Petaluma	707-762-6888	Thu - Tue: 11:30 am - 8 pm
River Front Café		American	224 B St., Petaluma	707-347-5147	Mon - Thu: 8 am - 3 pm, Fri - Sun: 8 am - 8 pm
The Local		Sandwiches	1201 Redwood Wy., Petaluma	707-789-7002	Mon - Sat: 9 am - 2:30 pm
Tortilla Real		Mexican	5 Petaluma Blvd. S, Suite C, Petaluma	707-971-7236	11 am - 8:00 pm Daily
Wild Goat Bistro		American	6 Petaluma Blvd. North #5, Petaluma	707-658-1156	11:30 am - 8 pm Daily Sun: 10:30am-3pm
VEGETARIAN / VEGAN OPTIONS AVAILABLE					
Chipotle		Mexican	401 Kenilworth #710, Petaluma	707-772-5225	10:45 am - 10 pm Daily
Everest		Nepalese	56 East Washington St., Petaluma	707-781-9131	11 am - 3 pm, 5 - 9 pm
Lunchette		Salads	25 4th St., Petaluma	707-241-7443	Mon - Fri: 10 am - 3 pm Wed - Sun: 12 - 3 pm,
Stockhome		Mediterranean	220 Western Ave., Petaluma	707-981-8511	4 - 8 pm
Whole Foods Market		Salad bar/Deli	621 East Washington St., Petaluma	707-762-9352	8 am - 9 pm Daily

PENNGROVE / COTATI / ROHNERT PARK					
VEGETARIAN / VEGAN MENU AVAILABLE					
Amy's Drive Thru	🌱	American	58 Golf Course Drive West, Rohnert Park	707-755-3629	10:30 am - 10 pm Daily
China Chef		Chinese	7991 Old Redwood Hwy., Cotati	707-664-1004	11:00 am - 9 pm Daily
VEGETARIAN / VEGAN OPTIONS IDENTIFIED ON REGULAR MENU					
Redwood Café		American	8240 Old Redwood Hwy., Cotati	707-795-7868	8 am - 9 pm Daily
Shangri-la Café & Grill		Nepalese	1706 East Cotati Ave., Cotati	707-793-0300	Mon - Sat: 11:30 am - 2:30pm, 4:30 - 8:30 pm
Turmeric Cuisine of India		Indian	919 Golf Course Dr., Rohnert Park	707-708-2982	11 am - 2:30 pm, 4:30 pm - 9 pm
VEGETARIAN / VEGAN OPTIONS IDENTIFIED ON REGULAR MENU					
Chipotle		Mexican	6325 Commerce Blvd., Rohnert Park	707-536-0348	10:45 am - 11 pm Daily
Olive Garden		Italian	6430 Redwood Dr., Rohnert Park	707-586-3607	11 am - 10 pm Daily
Oliver's Market		Salad/Buffer	546 East Cotati Ave., Cotati	707-795-9501	7 am - 10 pm Daily

MARIN COUNTY					
VEGETARIAN / VEGAN MENU AVAILABLE					
Amy's Drive Thru	🌱	American	5839 Paradise Dr., Corte Madera	415-737-6055	10:30 am - 9 pm Daily
Nekter Juice Bar	🌱	Juice Bar Smoothies	5800 Nave Dr., Novato	415-612-2040	8 am - 7 pm Daily
VEGETARIAN / VEGAN OPTIONS IDENTIFIED ON REGULAR MENU					
Active Culture		American	464 Ignacio Blvd., Novato	415-475-1128	9 am - 8 pm Daily 11:30 am - 2:30 pm;
Batika India Bistro		Indian	868 Grant Ave., Novato	415-895-5757	5 pm - 8:30 pm
Little Goan Indian Cafe		Indian	2007 Novato Blvd., Novato	415-878-0490	Tue - Sun: 11 am - 9 pm
Café del Soul		Juice Bars, Smoothies	1408 4th St., San Rafael	415-457-5400	10 am - 7 pm Daily
Falafel Hut		Middle Eastern	1115 4th St., San Rafael	415-259-0440	Tue - Sun: 11 am - 8 pm 11 am - 2 pm;
Lotus Cuisine of India		Indian	812 4th St., San Rafael	415-456-5808	4:30 - 9 pm Daily
Himalayan Kitchen		Nepalese	227 3rd St., San Rafael	415-526-3161	11:30 am - 2:30 pm, 4:30 pm - 9 pm Daily
Café del Soul		Juice Bars, Smoothies	247 Shoreline Hwy., Mill Valley	415-388-1852	10 am - 8 pm Daily
VEGETARIAN / VEGAN OPTIONS AVAILABLE					
Blue Barn		American	819 Grant Ave., Novato	415-895-6577	11 am - 8 pm Daily
Chipotle		Mexican	128 Vintage Way Unit W-4, Novato	628-236-8393	10:45am-10pm daily
Flour Chylde Bakery		Bakery	850 Grant Ave., Novato	415-893-7700	Tue-Sat: 9am-4pm

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SANTA ROSA, SEBASTOPOL

VEGETARIAN / VEGAN MENU AVAILABLE

Cozy Plum	🌱	American	6970 McKinley St., Sebastopol	707-823-3333	Mon - Sun: 11:30 am - 7:00 pm
Muir's Tea Room		Bakery/Tea	330 S Main St., Sebastopol	707-634-6143	Sat - Sun: 11:30 am - 4:30 pm
The Branch Line		Café	10 4th St. Ste 1, Santa Rosa	707-595-1941	Wed - Sun: 9 am - 2 pm

VEGETARIAN / VEGAN OPTIONS IDENTIFIED ON REGULAR MENU

Abyssinia		Ethiopian/ African	913 4th St., Santa Rosa	707-568-6455	Mon - Wed: 4 - 8:30 pm, Thu - Sat: 12 - 2:30 pm, 4 - 8:30 pm
Cumin		Indian	170 Farmers Ln. Ste 8, Santa Rosa	707-771-8336	Tue - Sun: 11 am - 9 pm
East-West Café		American	557 Summerfield Rd., Santa Rosa	707-546-6142	11 am - 8 pm Daily
Falafel Hut		Middle Eastern	701 4th St., Santa Rosa	707-237-7010	Tue - Sun: 11 am - 6:40 pm, Mon: 11 am - 2:40 pm
Himalayan Tandoori Curry House		Indian	969 Gravenstein Hwy. S, Sebastopol	707-824-1800	Mon - Sat 11 am - 2:30 pm, 5 - 8:30 pm
Kathmandu Café & Grill		Nepalese	6761 Sebastopol Ave., Sebastopol	707-861-9398	Wed - Mon: 11:30 am - 2:30 pm, 5 - 9 pm
Yeti Restaurant		Nepalese	190 Farmers Ln., Santa Rosa	707-521-9608	11 am - 10 pm Daily